**WSE Cheer Tryouts**

Participants may choose to tryout for the competition squad, basketball cheer squad, or both. Please see the descriptions below to decide which teams you would like to participate in. Please indicate your choice on your tryout paperwork.

**Competition Squad**

Practice will begin in May and go through the last competition (Either the last week in October or first week of November). Choreography camp will be held in May. You will have June and July free. Practices will begin again on the first day of school. We will have 3 practices a week (Monday, Tuesday, Wednesday 4:45 – 6pm). As competitions approach we will extend practice times to 6:30/7pm and might add practice dates. We will likely attend a minimum of 3 competitions (Lenoir County Fair, Wayne County Fair, and Wayne County Competition). Possibly more depending on availability.

**Basketball Squad**

Practice will begin in November and go through mid-February (when basketball season is over). Basketball typically has 1-2 games per week (these are usually on Mondays and Thursdays). We cheer for both the boys and girls teams (Games should end between 6:30 – 7pm). **NOTE:** If you would like to play girls basketball and cheer for boys basketball only, this is allowed! Please let the coach know if you plan to tryout for basketball.

**Schedule**

|  |  |  |
| --- | --- | --- |
| **Date** | **Time - Location** | **Activity** |
| April 7 | 4:45pm | Paperwork due |
| April 11 | 4:45 – 6pm; Meet in Rm 125 | Clinic: Learn cheers, jumps, and stunts |
| April 12 | 4:45 – 6pm; Meet in Rm 125 | Clinic: Learn cheers, jumps, and stunts |
| April 13 | 4:45 – 6pm; Meet in Rm 125 | Clinic: Learn cheers, jumps, and stunts |
| April 14 | 4:45 – 6pm; Meet in Rm 125 | \*Optional\* Clinic Day |
| April 18 | 4:45 – 5:30pm; Meet in Rm 125 | Tryouts |
| April 19 | 5pm - website | Squad posted on Mrs. Hackmann’s website*mrshackmann-math.weebly.com/cheer.html* |
| April 20 | 5pm – until; Meet in Rm 125 | Parent Meeting for both squads |

Attire: On April 15, tryout attire should consist of a white (or light colored) tshirt and dark shorts. The tshirt should have no reference to cheerleading and should have minimal writing/graphics. If cheer shoes are available to you, please wear them. Otherwise, running shoes are acceptable. Hair should be pulled away from the face and securely tied. Jewelry and long nails are not permitted. Wearing a bow is optional but strongly recommended.

Attendance at Tryouts: Participants should attend all 3 days of tryout clinic. A reason for absence is required (i.e. doctor’s note, coach’s note, etc).

Paperwork: Participants need the following paperwork completed by **Thursday, April 7**.

* 4 Teacher recommendations (Only 3 will be used. Lowest score will be removed.)
* Current Physical (Parent and Student Sign)
* Concussion Form (Parent and Student Sign)
* Personal Skills Sheet (bottom of next page)

Judges and Scoring: Judges have been hand selected by the coach. There will be 3-5 diverse individuals with cheer backgrounds. The coach will not be a part of the judging panel and will have a minimal role in the scoring system. Participants will tryout in small groups. Participants will be asked to do 2 cheers (learned during the clinic), 2 jumps (1 toe-touch and 1 jump of choice), and tumbling (high difficulty is not a requirement). Scoring will be as follows:

|  |  |  |
| --- | --- | --- |
| Cheers/Voice Projection | 20 points | 1. Crowd Appeal
2. Tight Motions
3. Ability to Persevere (Not show mess ups with facial expressions)
 |
| Jumps/Stunts/Gymnastics | Jumps = 10 pointsTumbling = 10 points | 1. Height
2. Flexibility
3. Technique
4. Tumbling

(cartwheel = 1-2, roundoff = 3-5, front/back walkover = 6-7, handsprings+ = 8-10) |
| Balance/Rhythm Motions | 20 points | 1. Sharpness
2. Arm Levels
3. Dance Skills
 |
| Spirit/Enthusiasm | 10 points | 1. Crowd Appeal
2. Overall Appearance (Smiling & High Energy)
 |
| Teacher Recommendations | 20 points |  |
| Miscellaneous (Coach Recommendations) | 10 points |  |
| **Total Points** | **100 points** |  |

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**Personal Skills Sheet**

Have you ever cheered before? (circle one) YES NO

If so, how many years have you cheered? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
If so, who did you cheer for? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Describe any tumbling skills you have that are beyond a roundoff (i.e. back handsprings):

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Place a checkmark next to all statements that are true regarding a specific stunt position:

|  |  |  |  |
| --- | --- | --- | --- |
| **Position** | **Never Tried** | **Tried Frequently** | **Would Like to Try** |
| Flyer |  |  |  |
| Base |  |  |  |
| Backspot |  |  |  |
| Frontspot |  |  |  |

I am trying out for the following cheer teams (check all that apply):

\_\_\_\_\_\_\_\_\_\_\_ Competition \_\_\_\_\_\_\_\_\_\_\_ Basketball